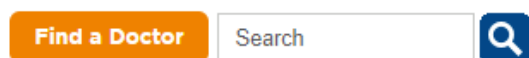


## How to find Cigna Behavioral Health Providers

- Go on [www.cigna.com](http://www.cigna.com)
- Click link 'Find a Doctor'



- Scroll down and under 'Additional Directories' and click **Cigna Behavioral Directory**

### Additional Directories

#### BEHAVIORAL

Cigna Behavioral Directory

- On the left-hand side, you will click **Find a Therapist/Psychiatrist/Hospital**



- You will then select the type of provider you are looking for (Therapist/Psychiatrist, Clinic, or Hospital/Behavioral Program)

\* Indicates required field

\* Provider type  Therapist/Psychiatrist  Clinic  Hospital/Behavioral Program

\* Network  Behavioral Health  EAP

\* Zipcode

Zip Radius  5  10  15  20  25

Language (English is default)

Age range specialty

Gender

Topic Specialty (2 Max)

Are you accessing your EAP benefits?

Ethnicity

- The network you will select will always be **Behavioral Health**
- Zip code and radius is the area you are looking for
- Language, age range specialty, gender and topic specialty are *optional but may help in narrowing down to a provider that provides the service you are looking for*
- It will then show you a listing of all contracted providers that participate with Cigna Behavioral Health. If they do not show up, then they are out-of-network.

***If you run across issues finding a contracted behavioral health provider in your area, you may contact Cigna's Behavioral Health line at 800.374.7603.***